

# 1991 Region 3AA Girls Championship

**Teams:** Woodbury 147, Roseville 114.33, SP Central 79.33, SP Harding 34, Park 32.33, Hastings 24, SP Highland Park 18, Sibley 13, Simley 10, Cretin-Derham Hall 10, Como Park 6, South St Paul 5, SP Johnson 1, SP Humboldt 0.

## 100

- 1 Tamara Webb, Ros 12.61
- 2 Niki Martineau, Park 12.92

## 200

- 1 Ebonie Collins, Cen 26.15
- 2 Niki Martineau, Park 26.19

## 400

- 1 Emily Montgomery, Wo 57.93
- 2 Ebonie Collin, Cen 58.48

## 800

- 1 Emily Montgomery, Wo 2:21.79
- 2 Allie Long, Ros 2:24.67
- 3 Mary Fran Cullen, Wo
- 4 Staci Brown, Hast 2:27.8

## 1600

- 1 Sophie Hartshorn, Cen 5:18.07
- 2 Barb Jones, Wo 5:22.73

## 3200

- 1 Barb Jones, Wo 11:18.9
- 2 Rachel Allyn, Cen 11:41.8
- 3
- 4 Espi Zuniga, Wo

## 100 Hurdles (33")

- 1 Niki Saiko, Ros 15.21
- 2 Heidi Lundervold, Wo 15.23
- 3 Debbie Groth, Hast 15.49

## 300 Hurdles (30")

- 1 Amy Doherty, Ros 44.92
- 2 Niki Saiko, Ros 44.99
- 3
- 4 Debbie Groth, Hast

## 4x100 Relay

- 1 Roseville 49.46
- 2
- 3
- 4 Woodbury

## 4x200 Relay

- 1 Roseville 1:43.42
- 2 Central 1:45.57

## 4x400 Relay

- 1 Roseville 4:03.15
- 2 Park 4:09.86
- 3 Woodbury

## 4x800 Relay

- 1 Woodbury 9:39.77 (S Hamilton, A Healy, M Cullen, E Montgomery)
- 2
- 3 Park
- 4 Hastings 10:20.54

## Shot Put

- 1 Jo Lynn Geyen, Wo 36-9.25
- 2 Joy Novak, Wo 35-9.25
- 3
- 4
- 5
- 6 Jennifer Stenlund, Park 32-2.5

## Discus Throw

- 1 Jo Lynn Geyen, Wo 107-1
- 2 Cara Pearson, Har 103-4
- 3 Joy Novak, Wo
- 4
- 5
- 6 Jennifer Stenlund, Park 97-3

## Long Jump

- 1 Anna Marie Larson, Har 17-0
- 2 Heidi Lundervold, Wo 16-10.5
- 3 Debbie Groth, Hast 16-2
- 4 Chris Peltier, Wo

## High Jump

- 1 Emily Montgomery, Wo 5-0
- 2 Heidi Lundervold, Wo 4-10
- 3
- 4
- 5
- t6 Jill Briesse, Park

\* Ties Meet Record

\*\* New Meet Record

**Notes:** Woodbury was coached by John Boche.